



Records

기록

As of THU 18 SEP 2014

Bodyweight Category	Lift	Result	Name	NOC Code	Date of Birth	Date	Location
48kg	World Record						
	Snatch	98kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
	Clean & Jerk	121kg	TAYLAN Nurcan	TUR	29 OCT 1983	17 SEP 2010	Antalya (TUR)
	Total	217kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
	Asian Games Record						
	Snatch	95kg	WANG Mingjuan	CHN	11 OCT 1985	13 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	116kg	WANG Mingjuan	CHN	11 OCT 1985	2 DEC 2006	Doha (QAT)
	Total	210kg	WANG Mingjuan	CHN	11 OCT 1985	13 NOV 2010	Guangzhou (CHN)
	Asian Record						
	Snatch	98kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
	Clean & Jerk	120kg	CHEN Xiexia	CHN	8 JAN 1983	21 APR 2007	Tai'an (CHN)
	Total	217kg	YANG Lian	CHN	16 OCT 1982	1 OCT 2006	Santo Domingo (DOM)
53kg	World Record						
	Snatch	103kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	131kg	CHINSHANLO Zulfiya	KAZ	25 JUL 1993	29 JUL 2012	London (GBR)
	Total	230kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Asian Games Record						
	Snatch	103kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	127kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Total	230kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Asian Record						
	Snatch	103kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	131kg	CHINSHANLO Zulfiya	KAZ	25 JUL 1993	29 JUL 2012	London (GBR)
	Total	230kg	LI Ping	CHN	15 SEP 1988	14 NOV 2010	Guangzhou (CHN)
58kg	World Record						
	Snatch	111kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Clean & Jerk	141kg	QIU Hongmei	CHN	2 MAR 1983	23 APR 2007	Tai'an (CHN)
	Total	251kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Asian Games Record						
	Snatch	111kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Clean & Jerk	140kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Total	251kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Asian Record						
	Snatch	111kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
	Clean & Jerk	141kg	QIU Hongmei	CHN	2 MAR 1983	23 APR 2007	Tai'an (CHN)
	Total	251kg	CHEN Yanqing	CHN	5 APR 1979	3 DEC 2006	Doha (QAT)
63kg	World Record						
	Snatch	117kg	TSARUKAEVA Svetlana	RUS	25 DEC 1987	8 NOV 2011	Paris (FRA)
	Clean & Jerk	143kg	MANEZA Maiya	KAZ	1 NOV 1985	20 SEP 2010	Antalya (TUR)
	Total	257kg	LIU Haixia	CHN	23 OCT 1980	23 SEP 2007	Chiang Mai (THA)
	Asian Games Record						
	Snatch	115kg	QUYANG Xiaofang	CHN	5 APR 1983	4 DEC 2006	Doha (QAT)
	Clean & Jerk	142kg	THONGSUK Pawina	THA	18 APR 1979	4 DEC 2006	Doha (QAT)
	Total	252kg	THONGSUK Pawina	THA	18 APR 1979	4 DEC 2006	Doha (QAT)
	Asian Record						
	Snatch	116kg	THONGSUK Pawina	THA	18 APR 1979	12 NOV 2005	Doha (QAT)
	Clean & Jerk	143kg	MANEZA Maiya	KAZ	1 NOV 1985	20 SEP 2010	Antalya (TUR)
	Total	257kg	LIU Haixia	CHN	23 OCT 1980	23 SEP 2007	Chiang Mai (THA)



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Bodyweight Category	Lift	Result	Name	NOC Code	Date of Birth	Date	Location
69kg	World Record						
	Snatch	128kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
	Clean & Jerk	158kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
	Total	286kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
	Asian Games Record						
	Snatch	115kg	LIU Chunhong	CHN	29 JAN 1985	6 OCT 2002	Busan (KOR)
	Clean & Jerk	150kg	LIU Haixia	CHN	23 OCT 1980	4 DEC 2006	Doha (QAT)
	Total	265kg	LIU Haixia	CHN	23 OCT 1980	4 DEC 2006	Doha (QAT)
	Asian Record						
	Snatch	128kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
	Clean & Jerk	158kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
	Total	286kg	LIU Chunhong	CHN	29 JAN 1985	13 AUG 2008	Beijing (CHN)
75kg	World Record						
	Snatch	135kg	ZABOLOTNAIA Natalya	RUS	15 AUG 1985	17 DEC 2011	Belgorod (RUS)
	Clean & Jerk	163kg	EVSTYUKHINA Nadezda	RUS	27 MAY 1988	10 NOV 2011	Paris (FRA)
	Total	296kg	ZABOLOTNAIA Natalya	RUS	15 AUG 1985	17 DEC 2011	Belgorod (RUS)
	Asian Games Record						
	Snatch	130kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	18 NOV 2010	Guangzhou (CHN)
	Clean & Jerk	157kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	18 NOV 2010	Guangzhou (CHN)
	Total	287kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	18 NOV 2010	Guangzhou (CHN)
	Asian Record						
	Snatch	134kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	23 SEP 2010	Antalya (TUR)
	Clean & Jerk	161kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	23 SEP 2010	Antalya (TUR)
	Total	295kg	PODOBEDOVA Svetlana	KAZ	25 MAY 1986	23 SEP 2010	Antalya (TUR)
+75kg	World Record						
	Snatch	151kg	KASHIRINA Tatiana	RUS	24 JAN 1991	5 AUG 2012	London (GBR)
	Clean & Jerk	190kg	KASHIRINA Tatiana	RUS	24 JAN 1991	26 OCT 2013	Wroclaw (POL)
	Total	334kg	KASHIRINA Tatiana	RUS	24 JAN 1991	23 NOV 2013	Moscow (RUS)
	Asian Games Record						
	Snatch	139kg	MU Shuangshuang	CHN	7 JAN 1984	6 DEC 2006	Doha (QAT)
	Clean & Jerk	181kg	JANG Mi-Ran	KOR	9 OCT 1983	19 NOV 2010	Guangzhou (CHN)
	Total	317kg	MU Shuangshuang	CHN	7 JAN 1984	6 DEC 2006	Doha (QAT)
	Asian Record						
	Snatch	146kg	ZHOU Lulu	CHN	19 MAR 1988	13 NOV 2011	Paris (FRA)
	Clean & Jerk	188kg	MENG Suping	CHN	17 JUL 1989	9 NOV 2012	Eilat (ISR)
	Total	333kg	ZHOU Lulu	CHN	19 MAR 1988	5 AUG 2012	London (GBR)