

RECORDS

WEIGHTLIFTING



Men's 105kg

	CUI Wenhua	AS	195	Lahti	1998/11/14
	CUI Wenhua	GR	195	Bangkok	1998/12/13
	ARAMNAU Andrei	WR	200	Beijing	2008/08/18
	ASSAD Saif Assad	GR	225	Busan	2002/10/09
	ILYIN Ilya	WR	246	Groznyy	2015/12/12
	ILYIN Ilya	AS	246	Groznyy	2015/12/12
	NURUDINOV Ruslan	GR	421	Jakarta	2018/08/26
	ILYIN Ilya	WR	437	Groznyy	2015/12/12
	ILYIN Ilya	AS	437	Groznyy	2015/12/12

Women's 48kg

	WANG Mingjuan	GR	95	Guangzhou	2010/11/13
	YANG Lian	WR	98	Santo Domingo	2006/10/01
	YANG Lian	AS	98	Santo Domingo	2006/10/01
	WANG Mingjuan	GR	116	Doha	2006/12/02
	CHEN Xiexia	AS	120	Tai'an	2007/04/21
	TAYLAN Nurcan	WR	121	Antalya	2010/09/17
	WANG Mingjuan	GR	210	Guangzhou	2010/11/13
	YANG Lian	WR	217	Santo Domingo	2006/10/01
	YANG Lian	AS	217	Santo Domingo	2006/10/01

Women's 53kg

	LI Ping	WR	103	Guangzhou	2010/11/14
	LI Ping	AS	103	Guangzhou	2010/11/14
	LI Ping	GR	103	Guangzhou	2010/11/14
	CHINSHANLO Zulfiya	GR	132	Incheon	2014/09/21
	CHINSHANLO Zulfiya	WR	134	Almaty	2014/11/10
	CHINSHANLO Zulfiya	AS	134	Almaty	2014/11/10
	HSU Shu-Ching	WR	233	Incheon	2014/09/21
	HSU Shu-Ching	AS	233	Incheon	2014/09/21
	HSU Shu-Ching	GR	233	Incheon	2014/09/21

Men's 56kg

	THACH Kim Tuan	GR	134	Incheon	2014/09/20
	WU Jingbiao	WR	139	Houston, TX	2015/11/21
	WU Jingbiao	AS	139	Houston, TX	2015/11/21
	OM Yun Chol	GR	170	Incheon	2014/09/20
	OM Yun Chol	WR	171	Houston, TX	2015/11/21
	OM Yun Chol	AS	171	Houston, TX	2015/11/21
	OM Yun Chol	GR	298	Incheon	2014/09/20

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CHN 	LONG Qingquan	WR	307	Rio de Janeiro	2016/08/07
CHN 	LONG Qingquan	AS	307	Rio de Janeiro	2016/08/07

Women's 58kg

CHN 	CHEN Yanqing	AS	111	Doha	2006/12/03
CHN 	CHEN Yanqing	GR	111	Doha	2006/12/03
AZE 	KOSTOVA Boyanka	WR	112	Houston, TX	2015/11/23
CHN 	CHEN Yanqing	GR	140	Doha	2006/12/03
TPE 	KUO Hsingchun	WR	142	Taipei	2017/08/21
TPE 	KUO Hsingchun	AS	142	Taipei	2017/08/21
CHN 	CHEN Yanqing	AS	251	Doha	2006/12/03
CHN 	CHEN Yanqing	GR	251	Doha	2006/12/03
AZE 	KOSTOVA Boyanka	WR	252	Houston, TX	2015/11/23

Men's 62kg

PRK 	KIM Un Guk	WR	154	Incheon	2014/09/21
PRK 	KIM Un Guk	AS	154	Incheon	2014/09/21
PRK 	KIM Un Guk	GR	154	Incheon	2014/09/21
CHN 	LE Maosheng	GR	182	Busan	2002/10/02
CHN 	CHEN Lijun	WR	183	Houston, TX	2015/11/22
CHN 	CHEN Lijun	AS	183	Houston, TX	2015/11/22
PRK 	KIM Un Guk	GR	332	Incheon	2014/09/21
CHN 	CHEN Lijun	WR	333	Houston, TX	2015/11/22
CHN 	CHEN Lijun	AS	333	Houston, TX	2015/11/22

Women's 63kg

THA 	THONGSUK Pawina	AS	116	Doha	2005/11/12
TPE 	LIN Tzu Chi	GR	116	Incheon	2014/09/23
RUS 	TSARUKAEVA Svetlana	WR	117	Paris	2011/11/08
TPE 	LIN Tzu Chi	GR	145	Incheon	2014/09/23
CHN 	DENG Wei	WR	147	Rio de Janeiro	2016/08/09
CHN 	DENG Wei	AS	147	Rio de Janeiro	2016/08/09
TPE 	LIN Tzu Chi	GR	261	Incheon	2014/09/23
CHN 	DENG Wei	WR	262	Rio de Janeiro	2016/08/09
CHN 	DENG Wei	AS	262	Rio de Janeiro	2016/08/09

Men's 69kg

PRK 	KIM Myong Hyok	GR	160	Incheon	2014/09/22
CHN 	LIAO Hui	WR	166	Almaty	2014/11/10

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 LIAO Hui	AS	166	Almaty	2014/11/10
 KIM Hak-Bong	GR	195	Bangkok	1998/12/09
 LIAO Hui	WR	198	Wroclaw	2013/10/23
 LIAO Hui	AS	198	Wroclaw	2013/10/23
 ZHANG Guozheng	GR	345	Busan	2002/10/03
 LIAO Hui	WR	359	Almaty	2014/11/10
 LIAO Hui	AS	359	Almaty	2014/11/10

Women's 69kg

 RYO Un Hui	GR	121	Incheon	2014/09/24
 SLIVENKO Oxana	WR	123	Santo Domingo	2006/10/04
 XIANG Yanmei	AS	123	Wroclaw	2013/10/24
 LIU Haixia	GR	150	Doha	2006/12/04
 LIU Haixia	AS	154	Doha	2005/11/13
 KASAEVA Zarema	WR	157	Doha	2005/11/13
 XIANG Yanmei	GR	268	Incheon	2014/09/24
 LIU Chunhong	AS	275	Athens	2004/08/19
 SLIVENKO Oxana	WR	276	Chiang Mai	2007/09/24

Women's 75kg

 KANG Yue	GR	131	Incheon	2014/09/25
 PODOBEDOVA Svetlana	AS	134	Antalya	2010/09/23
 ZABOLOTNAYA Natalya	WR	135	Belgorod	2011/12/17
 KIM Un Ju	WR	164	Incheon	2014/09/25
 KIM Un Ju	AS	164	Incheon	2014/09/25
 KIM Un Ju	GR	164	Incheon	2014/09/25
 KIM Un Ju	GR	292	Incheon	2014/09/25
 PODOBEDOVA Svetlana	AS	295	Antalya	2010/09/23
 ZABOLOTNAYA Natalya	WR	296	Belgorod	2011/12/17

Men's 77kg

 LYU Xiaojun	GR	175	Incheon	2014/09/23
 LYU Xiaojun	WR	177	Rio de Janeiro	2016/08/10
 LYU Xiaojun	AS	177	Rio de Janeiro	2016/08/10
 BARKHAH Mohammad Hossein	GR	202	Busan	2002/10/04
 RAHIMOV Nijat	WR	214	Rio de Janeiro	2016/08/10
 RAHIMOV Nijat	AS	214	Rio de Janeiro	2016/08/10
 FILIMONOV Sergei	GR	375	Busan	2002/10/04
 LYU Xiaojun	WR	380	Wroclaw	2013/10/24
 LYU Xiaojun	AS	380	Wroclaw	2013/10/24

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Men's 85kg

KAZ		ERSHOV Vyacheslav	GR	175	Doha	2006/12/05
CHN		LU Yong	AS	180	Beijing	2008/08/15
BLR		RYBAKOU Andrei	WR	187	Chiang Mai	2007/09/22
CHN		TIAN Tao	GR	218	Incheon	2014/09/24
IRI		ROSTAMI Kianoush	WR	220	Tehran	2016/05/31
IRI		ROSTAMI Kianoush	AS	220	Tehran	2016/05/31
CHN		TIAN Tao	GR	381	Incheon	2014/09/24
IRI		ROSTAMI Kianoush	WR	396	Rio de Janeiro	2016/08/12
IRI		ROSTAMI Kianoush	AS	396	Rio de Janeiro	2016/08/12

Men's 94kg

KAZ		AHMETOV Bakytbek	GR	185	Busan	2002/10/08
GRE		KAKIASVILIS Akakios	WR	188	Athens	1999/11/27
IRI		MORADI Sohrab	AS	189	Jakarta	2018/08/25
KAZ		ILYIN Ilya	GR	226	Doha	2006/12/05
IRI		MORADI Sohrab	WR	233	Anaheim, CA	2017/12/03
IRI		MORADI Sohrab	AS	233	Anaheim, CA	2017/12/03
IRI		MORADI Sohrab	GR	410	Jakarta	2018/08/25
IRI		MORADI Sohrab	WR	417	Anaheim, CA	2017/12/03
IRI		MORADI Sohrab	AS	417	Anaheim, CA	2017/12/03

Men's +105kg

IRI		SALIMIKORDASIABI Behdad	GR	210	Incheon	2014/09/26
IRI		SALIMIKORDASIABI Behdad	AS	216	Rio de Janeiro	2016/08/16
GEO		TALAKHADZE Lasha	WR	220	Anaheim, CA	2017/12/05
IRI		SALIMIKORDASIABI Behdad	GR	255	Incheon	2014/09/26
IRI		REZA ZADEH Hossein	WR	263	Athens	2004/08/25
IRI		REZA ZADEH Hossein	AS	263	Athens	2004/08/25
IRI		SALIMIKORDASIABI Behdad	GR	465	Incheon	2014/09/26
IRI		REZA ZADEH Hossein	AS	472	Sydney, NSW	2000/09/26
GEO		TALAKHADZE Lasha	WR	477	Anaheim, CA	2017/12/05

Women's +75kg

CHN		ZHOU Lulu	GR	142	Incheon	2014/09/26
CHN		ZHOU Lulu	GR	192	Incheon	2014/09/26
CHN		ZHOU Lulu	GR	334	Incheon	2014/09/26

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AS/AR Asian Record

GR Asian Games Record